

PMnR CV #7001

Publications and presentations available upon request. Contact Dora, dmancias@expertwitnessdoctors.com.

SUMMARY: Board Certified in Physical Medicine and Rehabilitation and Pain Medicine. Subspecialty pain medicine fellowship trained in non-surgical musculoskeletal and spine care and interventional procedures. Experience with medicolegal consultation and utilization reviews. National leadership positions.

EMPLOYMENT

2009 – current **Texas Orthopedics Sports & Rehabilitation** 4700 Seton Center Parkway Austin, TX 78759

CONSULTING/PEER REVIEW/MEDICOLEGAL

2014 – current **Envoy Medical Systems** – Independent Review Board for cases from Texas Dept of Insurance

2014 – current **North American Consultants** – medicolegal case review and opinion

2011 – 2014 **Nexus Medical Consulting** – medical record review, utilization and peer review.

2008 – 2010 **Salutory Services Inc.** – medicolegal case review, plaintiff and defense personal injury and general liability cases in Nevada and California

EDUCATION/TRAINING

University of California Los Angeles, VA-Greater Los Angeles Area Healthcare System
ACGME accredited Pain Medicine Fellowship

Northwestern University, Rehabilitation Institute of Chicago (RIC)

Physical Medicine and Rehabilitation Residency

Honors: William Randolph Hearst Resident for impact on field of PM&R through national leadership, 2006 & 2007, The Scholl Recognition Award for Resident Research 2008, Sarah Baskin Award for Excellence in Research, Resident Research of the Year 2008

Pennsylvania State University College of Medicine, Hershey Medical Center

Preliminary Internal Medicine Internship

Honors: Department of Hematology and Oncology, Intern of the Year, Department of Gastroenterology and Hepatology, Intern of the Year

Pennsylvania State University College of Medicine, Doctor of Medicine

Honors: Medical Student Research Award, Hershey Foods Scholar, Mohler Scholarship, Hammersla Scholarship 2001 and 2002, General Clinical Research Center Grant Scholar

Barnard College, Columbia University, B.A. Psychology

Honors: Roslyn S. Silver '27 Scholarship, Japanese-American Association Scholarship, International Starr Foundation Scholarship, Dean's List

OTHER AWARDS

2013 - 2015 *Super Doctors* ® list, Texas Monthly Magazine, July 2013, 2014, 2015

2012, 2014 America's Top Physicians 2012, 2014

2008 American Academy of Pain Medicine, Essentials of Pain Scholarship Award

2008 – current Marquis Who's Who of American Women

2007 - current The Global Directory of Who's Who

2007 - current Marquis Who's Who in America

2007 - current Marquis Who's Who in Science and Engineering

2007 - current Marquis Who's Who in the World

2007 - 2008	Strathmore's WHO'S WHO
2006 - current	Marquis Who's Who in Medicine and Healthcare
2004	Pennsylvania Medical Society Poster Competition, 2 nd Place
1998	NYC Dept of Health, Health Research Training Program Competition, 1 st Place

NATIONAL LEADERSHIP POSITIONS

2016 – current	Editor, The Physiatrist, Monthly newsletter publication for AAPM&R
2014 – 2016	Member, nominating committee, American Academy of Physical Medicine and Rehabilitation (AAPM&R)
2009 – 2014	Member, Board of Governors, AAPM&R Chair, membership committee, AAPM&R
2007 – 2008	Chair, nominating committee, RPC, AAPM&R
2006 – 2007	President, Resident Physician Council (RPC), AAPM&R
2005 – 2006	Secretary, RPC, AAPM&R
2005 – current	Co-moderator, PM&R Forum and Pain Physicians Forum, Studentdoctor.net
2004 – 2005	Chair, Bylaws/Operations and Strategic Planning Committee, RPC, AAPM&R
2002 – 2004	Medical Student Representative, Pennsylvania College of Internal Medicine
2002 – 2004	Founder, Penn State Chapter, Asian Pacific American Medical Student Association
2001 – 2002	Associate Trustee; Region III, American Medical Student Association (AMSA)
2001 – 2002	National Liaison to AMSA, Student National Medical Association (SNMA)
2000 – 2001	Chapter Co-President, AMSA, Penn State College of Medicine
2000 – 2001	Chapter Co-President, SNMA, Penn State College of Medicine

Electronic Publications

Q&A with Dr. Joel Press. *The PM&R Resident* Vol 16:3 Summer, 2007.

The RPC Challenge. *Foundation for PM&R Update*. Vol5:2 Summer, 2007.

Residents' Update. A message from the RPC President. *The Physiatrist*. Vol 25:1 May, 2007.

Letter from the President: Ride for Rehab project. *The PM&R Resident*. Vol 16:1 Spring, 2007.

Conversation about fellowship with Dr. Michael Furman, director of an ACGME accredited pain fellowship, and member-at-large of the board of governors of the AAPM&R. *The PM&R Resident*. Vol 16:1 Spring, 2007.

The importance of outcomes research. *The PM&R Resident*. Vol 16:1 Spring, 2007.

Profile of a Staff Physiatrist at RIC. *The PM&R Resident*. Vol 15:4 Fall, 2006.

Lectures

Top 10 papers in Spine, invited to give lecture at the AAPM&R Rehabilitation Annual Assembly in New Orleans, LA October 2016.

Tech Neck and other technology woes, invited to lecture at Silicon Labs, Austin TX March 2015.

The Captivating Vita- how to stand out on paper, Polishing your Pitch- how to stand out in person, invited to give lecture to residents at the AAPM&R Annual Assembly in Atlanta, GA. November 2012.

Career and job search pitfalls and negotiation tips, invited to give lecture to residents at the AAPM&R Rehabilitation Annual Assembly in Orlando, FL. November 2011.

Sacroiliac joint issues for the McKenzie therapist, invited lecture to diplomate level McKenzie therapists at the McKenzie Institute in Austin TX. September, 2011.

Back pain and work, lecture given to employees at National Instruments, Austin TX August, 2010 and 2011.

Spine pain and worker's compensation injuries, lecture given to nurse case managers, adjustors, and attorney at Zenith Insurance Company, April, 2011.

From Medical Student to Resident, lecture given to medical students at the AAPM&R Annual Assembly in Boston, MA. September 2007.

University of California Los Angeles, VA-Greater Los Angeles Area Healthcare System Resident Lectures
Facet, Medial Branch Block, and Radiofrequency Ablation; Morbidity and Mortality Conference; Medical Student Physical Exam Curriculum Small Group Sessions

Rehabilitation Institute of Chicago Resident Lectures

Spinal Injections: Indications and Safety; Brachial and Lumbosacral Plexus: Anatomy and Plexopathies; Lumbar Spondylolisthesis and Spondylolysis, Spinal Stability; Posterior Thigh and Buttocks Anatomy; Neurological examination for medical student externs; Cervical Spine and Shoulder Physical Examination

JOURNAL REVIEW ACTIVITIES

2006 – 2008	Coordinator and Contributing Editor, Rehab in Review
2005 – present	Journal Reviewer, Archives of Physical Medicine and Rehabilitation
2005	Journal Reviewer, Journal of General Internal Medicine
2001 – 2008	Book Reviewer, Lippincott Williams and Wilkins, Blackwell Publishing

RESEARCH ACTIVITIES

2006 – 2008	Rehabilitation Institute of Chicago, Center for Pain Studies Norman Harden MD, Medical Director of Center for Pain Studies Immunologic and metabolic abnormalities in Complex Regional Pain Syndrome. Osteoarthritis of the knee as model of nociceptive pain.
2005 – 2009	Northwestern University, Rehabilitation Institute of Chicago David Chen MD, and Anne Deutsch PhD Medicare vs. Model system data on patients with spinal cord injury.
1999 – 2004	Hershey Medical Center and New England Medical Center, Department of Anesthesiology Frederick Orkin MD, George Blackall PsyD, Rosemary Polomano RN PhD, Daniel Carr MD. Multicenter validation of a survey of treatment outcome of pain.
1997 – 1999	Health Research Training Program, Bureau of Maternity Services and Family Planning, New York City Department of Health Fabienne Laraque MD, Acting Commissioner of Health Early Head Start, Teen Pregnancy Prevention, NYC Women's Health Data Report.

SERVICE EXPERIENCE

Medical Coverage:	2010 Austin Marathon, 2007 LaSalle Bank Chicago Marathon
2005 – 2008	Super-user, Cerner Project Mercury, Member, Labs and x-rays Committee, Ethics Committee, Continuous Quality Improvement, Rehabilitation Institute of Chicago
2005 – present	Mentor, Medical Student Mentoring Program, AAPM&R
2004 – 2005	Preceptor, Physical Diagnosis Curriculum, Penn State College of Medicine

PROFESSIONAL MEMBERSHIPS

2008 – present Texas Medical Society, Travis County Medical Society, Texas Pain Society
2003 - present American Academy of Physical Medicine and Rehabilitation

CERTIFICATION & LICENSURE

2009 - present ABPM&R Board certified in PM&R and Pain Medicine
2009 – present Texas State Medical License
2004 – present Advanced Cardiac Life Support and Basic Life Support

SKILLS AND HOBBIES

Fluent in Japanese. Trained in classical piano. Sketches and photographs published in magazines and websites.

References available upon request