

## Physical Medicine & Rehabilitation CV #8001

Publications and presentations available upon request. Contact Dora, [dmancias@expertwitnessdoctors.com](mailto:dmancias@expertwitnessdoctors.com).

### Employment

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7/2016-present      Orthopaedic Specialists of Northwest Indiana  
Interventional Spine, Sports, & Electrodiagnostic Medicine

### Board Certification

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7/2016-present      American Board of Physical Medicine & Rehabilitation  
9/2016-present      American Board of Physical Medicine & Rehabilitation (Pain Medicine)

### Medical Licensure & Certification

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7/2016-present      Indiana (Full)  
5/2016-7/31/2017    Illinois (Full)  
7/2015-6/2016      Massachusetts (Temporary)  
7/2011-6/2015      Illinois (Temporary)

5/14/2012	COMLEX 3	Pass
5/10/2010	COMLEX 2PE	Pass
4/26/2010	USMLE Step 2CK	Pass
4/20/2010	COMLEX 2CE	Pass
6/23/2009	COMLEX 1	Pass
6/19/2009	USMLE Step 1	Pass

1/19/2013-present    Basic Life Support  
1/19/2013-present    Advanced Cardiac Life Support

### Education & Training

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7/2015-6/2016  
**Beth Israel Deaconess Medical Center** (Boston, MA) Pain  
Medicine Fellowship

7/2012-6/2015      **Rush University Medical Center** (Chicago, IL) Physical  
Medicine & Rehabilitation Residency

- 7/2011-6/2012      **Rush University Medical Center** (Chicago, IL) Internal  
Medicine Internship
- 8/2007-5/2011      **Lincoln Memorial University** (Harrogate, TN) Doctor  
of Osteopathic Medicine
- 9/2002-5/2006      **University of Calgary** (Calgary, Alberta, Canada) Bachelor  
of Science Exercise and Health Physiology

### **Honors & Awards**

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- 4/2010      American Osteopathic College of Physical Medicine & Rehabilitation  
Mid-Year Conference (Philadelphia, PA)  
Medical Student Research 2<sup>nd</sup> Place Award
- 5/2006-8/2006      Natural Sciences and Engineering Research Council (NSERC) of Canada  
University of Calgary Summer Research Studentship
- 3/2005-12/2005      University of Queensland (Brisbane, Queensland, Australia)  
Dean's Commendation
- 1/2003-4/2003      University of Calgary (Calgary, Alberta, Canada)  
Jason Lang Memorial Scholarship Academic Achievement

### **Leadership Roles & Distinctions**

- 7/2014-6/2015      Chief Resident, Department of Physical Medicine & Rehabilitation  
Rush University Medical Center
- 3/2012-6/2014      Rehab in Review  
Regional Editor
- 7/2012-6/2015      American Osteopathic College of Physical Medicine & Rehabilitation  
Residency Program Representative
- 6/2009-5/2011      American Osteopathic College of Physical Medicine & Rehabilitation  
National Student Liaison

8/2007-5/2008 Lincoln Memorial University  
Orthopedics and Sports Medicine Club Treasurer

### Academic Lectures

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1/5/2018	Lumbosacral Radiculopathy Rush University Medical Center
10/12/2017	The Role of Pain Management, Physiatry, and Injections OSNI Worker's Compensation Symposium
4/23/2017	Facet Joint Interventions Rush University Medical Center
3/17/2017	Interventional Management of Lumbar Radiculopathy Rush University Medical Center
10/1/2016	The Role of Physiatry & The Injured Worker OSNI Worker's Compensation Symposium
4/8/2016	Interventional Management of Low Back Pain Rush University Medical Center
1/9/2015	Sacroiliac Joint Pain: An Overview Rush University Medical Center
11/7/2014	Lumbar Spine Anatomy and Clinical Correlations Rush University Medical Center
10/31/2014	Exercise As Medicine: Impact of Small Changes on Big Problems Rush University Medical Center
1/31/2014	Manual Medicine of the Cervical Spine: The Good, Bad, & Ugly Rush University Medical Center
6/28/2013	Role of Hip Strength in Common Running Injuries Rush University Medical Center
6/21/2013	Neuropathic Pain in Spinal Cord Injury Hines Veterans' Affairs Hospital
3/15/2013	Diagnosis and Management of Talar Fractures

	Rush University Medical Center
1/18/2013	Overview of Hip Adductor Pathologies and Osteitis Pubis Rush University Medical Center
12/6/2012	Anatomy and Pathophysiology of Lumbar Disc Herniation Rush University Medical Center
9/20/2012	Electrodiagnostic Anatomy of the Fibular Nerve Rush University Medical Center

### **Workshops & Courses**

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1/21/2018	Vertebral Augmentation, Stryker, Tampa, FL
4/30/2016	Vertebral Augmentation, Stryker, Downers Grove, IL
1/16/2016	Pain Fellow Spinal Cord Stimulator Course, Nevro, New York, NY
8/29-30/2015	Pain Fellows Fundamentals of Implantable Therapies, Medtronic, Boston, MA
11/8-9/2014	Musculoskeletal Ultrasound, Rush University Medical Center, Chicago, IL
10/25-26/2014	Clinical Anatomy and Imaging of the Spine, International Spine Injection Society, Chicago, IL
10/4/2013	Sonography of the Lower Extremity, American Academy of Physical Medicine & Rehabilitation Annual Assembly, National Harbor, MD
10/3/2013	Sonography of the Shoulder, American Academy of Physical Medicine & Rehabilitation Annual Assembly, National Harbor, MD
9/13-14/2013	Introduction to Spine Surgery and Interventional Pain Management for Future Spine Surgeons and Future Interventional Pain Practitioners, North American Spine Society, Burr Ridge, IL
6/6/2013	Sports Medicine & Sports Performance Conference, Loyola University Medical Center, Maywood, IL

6/1/2013	Treatment of Dystonia & Spasticity: Resident Training Workshop Demonstrating the Use of Botulinum Toxin, Rush University Medical Center, Chicago, IL
5/3-4/2013	Pediatric Rehabilitation Symposium, Rush University Medical Center, Chicago, IL
12/8-9/2012	Kinesio Taping Level 1 & 2 Seminars, Rush University Medical Center, Chicago, IL

### **Volunteer Medical Staff & Team Coverage**

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2/26/2014	Residents & Fellows Workshop <i>Sports Medicine For Every Physiatrist</i> EMG/NCS Instructor, Academy of Academic Physiatrists Annual Meeting
2/11/2014	Musculoskeletal Examination Workshop for Medical Students Instructor, Rush University Medical Center
1/25/2014	Chicago Force Women's Football Pre-Participation Physical Examinations
11/26/2013	Musculoskeletal Examination Workshop for Internal Medicine Residents Instructor, John H Stroger Hospital of Cook County
11/2013	DePaul University Blue Demons Women's Basketball
9/11/2013	DePaul University Athlete Pre-Participation Physical Examinations
8/14/2013	Malcolm X College Athlete Pre-Participation Physical Examinations
5/31-6/2/2013	CrossFit North Central Regionals
3/7/2013	Shamrock Shuffle 8K Race

### **Professional Memberships**

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2014-present	Spine Intervention Society
2013-2015	American Medical Society for Sports Medicine
2013-present	American Society of Interventional Pain Physicians
2012-present	North American Spine Society
2012-2015	Academy of Academic Physiatrists
2009-present	American Academy of Physical Medicine & Rehabilitation
2009-present	American Osteopathic College of Physical Medicine & Rehabilitation nt

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## **Previous Employment**

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10/2006-6/2007

Calgary Crowfoot YMCA  
Strength & Conditioning Instructor  
Calgary Jewish Center Fitness Center

5/2004-12/2004

Fitness Consultant

6/2003-8/2003

Medicine Hat YMCA  
Fitness Instructor Assistant

## **Personal Interests**

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Playing and watching hockey, CrossFit, listening to indie rock music, reading, enjoying good food and conversation with friends and family