

Orthopedic Surgery/Sports Medicine Expert Witness #2001

Publications and presentations available upon request.

Contact Dora, dmancias@expertwitnessdoctors.com.

Academic Appointments Clinical Assistant Professor –
Philadelphia College of Osteopathic Medicine

Hospital Affiliations Virtua-West Jersey Hospital System,
Voorhees, NJ Virtua-Joint Replacement Institute, Voorhees,
NJ Centennial Surgical Center & Summit Surgical Center,
Voorhees, NJ Summit Surgical Center. Voorhees, NJ

Board Certification Board certified – American Board of Orthopedic Surgeons – 1997,
Recertified 2007 & 2016 Awarded – Distinguished Arthroscopy Leader – Arthroscopy
Association of North America – 2019

Team Affiliations Eastern Camden County Regional High School –
Team Orthopedist Rutgers University – Camden – Past Team
Orthopedist Cherry Hill West High School – Team Physician Cherry Hill
East High School – Team Physician Pemberton High School – Past Team
Physician Camden High School – Volunteer Team Orthopedist Burlington
City High School – Team Physician Jersey Wahoo Swim Club – Team
Physician Eastern Pennsylvania Rugby Union - Medical Director
American National Rugby League – Team Physician and Medical Director
Physician – ARCO Olympic Training Center, Chula Vista, Ca International
Maccabiah Games 2005 – Associate Medical Chairman, Team USA
European Maccabiah Games 2007– Medical Chairman, Team USA
International Maccabiah Games 2009 – Medical Chairman, Team USA
European Maccabiah Games 2011– Medical Chairman, Team USA
International Maccabiah Games 2013 – Medical Chairman, Team USA
US Rugby League World Cup Qualifying Matches - 2013 - Medical
Director JCC Maccabi Games 2014 – Co-Medical Chairman, Team USA
Pan American Maccabiah Games 2015 – Medical Chairman, Team USA
Chinese Arena Football League 2016 - Chief Medical Officer.
International Maccabiah Games 2017 – Medical Chairman, Team USA
Pan American Maccabiah Games 2019 – Medical Chairman, Team USA

Training: Thomas Jefferson University Medical Center, Department of Orthopedic Surgery,

Rothman Institute, Sports Medicine Fellow, August 1, 1994 – July 30, 1995 Boston University Medical Center, Department of Orthopedic Surgery,

Residency; July 1, 1990 – June 30, 1994 Haddassah Hospital, Jerusalem, Israel, Department of Orthopedic Surgery;

July 1, 1989 – September 30, 1989 Boston City Hospital/Boston U., Department of Orthopedic Surgery Clinical/Research Fellowship, July 1, 1987 – June 30, 1989, & Oct. 1, 1989 – June 30, 1990 Albert Einstein Medical Center, Philadelphia, PA

General Surgery Internship; July 1, 1986 – June 30 1987

Education: Temple University School of Medicine, Philadelphia, PA – Graduated – May 29, 1986 Yale University, New Haven, CT – Major; Molecular Biophysics and Biochemistry,

Degree; BA, Graduated – May 24, 1982

Awards and Honors:

- Top Doc Award 2019 Sports Medicine – SJ Magazine
- Distinguished Arthroscopy Awarded by Arthroscopy Association of North America - June 2019 Leader
- Top Doc Award 2018 Sports Medicine – SJ Magazine
- Sports Award Dinner. Lifetime Achievement Award 2017 - South Jersey JCC
- JF Kennedy HS Bellmore, NY Inducted into Hall of Fame 2017
- Top Doc Award 2017 Sports Medicine – SJ Magazine
- Top Doc Award 2016 Sports Medicine – SJ Magazine
- Top Doc Award for Women Sports Medicine – South Jersey Magazine
- Top Doc Award 2009 Sports Medicine – SJ Magazine
- Top Doc Award 2008 Sports Medicine – SJ Magazine
- American Board of Board Re-Certified Fall 2007 and 2017
Orthopedic Surgeon

- Virtua Health System Appointed Co-director Sports Medicine Program
- Top Doc Award 2006 Sports Medicine – SJ Magazine
- American Orthopedic Elected as a New Jersey State Delegate May 2005
Society of Sports
Medicine
- Top Doc Award 2005 Sports Medicine – SJ Magazine
- Top Doc Award 2004 Sports Medicine – SJ Magazine
- Top Doc Award 2003 Sports Medicine – SJ Magazine
- Kennedy High School Name to the All time Wrestling Championship Team
Bellmore,
NY
- Medical Advisory Board Longport Incorporated
- Eastern High School Award for Outstanding service to the athletes & student Board of
Education November 2001
- American Orthopedic Elected as a New Jersey State Delegate May 1999
Society of Sports
Medicine
- American Association of Elected Fellow Fall 1998
Orthopedic
Surgeons
- American Orthopedic Elected as a member July 1998
Society of Sports
Medicine
- American Board of Board Certified Fall 1997 (Recertified 2007)
Orthopedic
Surgeon
- Philadelphia Orthopedic 1st Place – 1995 Annual Sports Medicine Fellow's
Society for Sports Medicine Presentations
(Co-author)
- Pennsylvania Orthopedic 3rd Place – 1995 Annual Resident & Fellow's Society
Presentations
(Co-author)
- Orthopedic Review 1993 Resident/Fellow Writing Award – First Place
- Boston R.F.C. Man of the Year 1993
- Maccabiah Games Rugby – Bronze Medal – 1989

- Maccabiah Games Wrestling – Silver Medal – 1985
- Maccabiah Games Wrestling – Gold Medal – 1981
- Master’s Award Yale University, Berkeley College – 1982
- All–Ivy League Wrestling 1979, 80, 81, & 82
- Varsity letter Yale University – Wrestling 1979, 80, 81, & 82
- Scholar-Athlete Male Scholar Athlete Award - Bellmore JFK High School
- Wrestling New York State place winner – 1978

Nassau County Champion –
1978

***Appointments &
Activities:***

- Appointed November 2019 Clinical Associate Professor – PCOM
- Appointed July 2019 Chairman Orthopedic Research Committee - PCOM
- July 2019 Pan Am Maccabiah Games–Medical Chairman, Team USA
- Appointed 2018 Chairman – Bylaws Committee AANA
- Appointed 2016 Member -Advocacy Committee AANA
- July 2017 Maccabiah Games - Medical Chairman, Team USA
- April 2016 Chief Medical Officer - Chinese Arena Football League
- December 2015 Pan Am Maccabiah Games–Medical Chairman, Team USA
- July 2014 JCC Maccabi Games - Appointed Medical Co-Chairman
- November 2013 Medical Director - US Rugby League World Cup Qualifier.
- July 2013 International Maccabiah Games - Appointed Medical Chairman, Team USA
- July 2011 Europeanl Maccabiah Games - Appointed Medical Chairman, Team USA
- January 2011 Appointed Associate Editor – The Journal of Arthroscopy
- June 2010 Appointed to the Board of Manages – Centennial Surgical Center
- July 2009 International Maccabiah Games - Appointed Medical Chairman, Team USA
- May 2008 Tri-State Jr. Maccabiah Games - Medical Chairman
- July 2007 European Maccabiah Games - Appointed Medical Chairman, Team USA
- January 2006 Appointed to the Editorial Board The Journal of Arthroscopy
- May 2006 Team Physician NCAA Division II Lacrosse Championship
- September 2005 Appointed to the Board of Directors Maccabia USA/ Sports for Israel
- September 2004 Appointed Associate Medical Director, Director of Orthopedics Team

USA – 2005 Maccabiah Games Israel

- August 2004 Physician – USA Maccabiah Trials – Chicago, IL
- August 2004 Appointed Team Physician – Cherry West High School
- August 2004 Appointed Team Physician – Pemberton High School
- April 2003 Appointed to Medical and Risk Management
Committee for USA
Rugby
- December 2002 Appointed CEO of South Jersey Vikings of the
American National Rugby
League
 - June/July 2002 Selected as Physician for Olympic Training Center Chula
Vista, CA
- Summer 2002, 03, & 04 Physician – Camp Mataponi
- Summer 2001, 02, 03, 04 Volunteer – Joshua Kahan
Scoop-a-thon 05, 06, 07, 08, 09 & 10 benefiting pediatric
leukemia
- December 2000 Appointed – Assistant Medical Director – Major
League Lacrosse – Outdoor Professional
Lacrosse
- November 2000 Team Physician – United States Rugby League
World Cup
Team
- October 2000 Appointed to Medical Activities Committee
Centennial Surgical
Center
- July 2000 - 07 Physician – Stone Harbor Triathlon
- July 1999 Appointed Team Physician – Haddon Township
High
School
- March 1999 Member International Society of Cartilage
Replacement
- August 1998 Appointed Reviewer for the Journal of Arthroscopy
- June 1998 Member – American College of Sports Medicine
- March 1998, 99, 00, Guest Lecture – Arcadia University (Beaver College)

01, 02, 03, 04, 05,
06, 07, 08, 09, 10, 11,
12, & 13

- April 1997 Team Physician – South Jersey Rage Professional Football Team
- March 1997, 98, 99 Physician – Region 7 & Super Regional Wrestling
00, 01, 02, 03, 04, 05, & 06 Championships
- June 1997, 98, 99, 00, 01 Volunteered Physician – National Youth Sports
, 02, 03, 04, 05, 06, & 07 Program
- December 1996 Appointed Chairman of a symposium on the Medical and Scientific Aspects
of Rugby at the International Federation of Sports Medicine World Congress, Orlando, FL,
May 1998
- October 1996 Guest Editor – Operative Techniques in Sports Medicine – Revision Anterior
Cruciate Ligament Surgery (April 1998)
- September 1996 Appointed – Physician – Rutgers–Camden
University, Camden,
NJ
- September 1996 Volunteer – Physician – Camden High School, Camden,
NJ
- September 1996, 97, 98, Physician – Cooper River/Camden County Triathlon
, 99, 00, &
01
- August 1995, 96, 97 Physician – USA Rugby Sevens National Championships
, 98, 99, 00, 01 &
02
- July 1996 Appointed Reviewer for the American Journal of
Sports
Medicine
- November 1995 Elected to the Board of Directors of Maccabi
USA/Sports for
Israel
- October 1995 Appointed – Physician – Jersey Wahoo Swim Club,
Mt. Laurel,
NJ
- September 1995 Appointed Physician – Eastern Camden County
Regional HS, Voorhees,
NJ

- August 1995 Appointed Physician – Under 19 Women’s World
Lacrosse
Championship
- August 1995 Appointed Team Physician – South Jersey Rugby
Football
Club
- July 1995 Appointed President of the American Orthopedic
Rugby Football Association
(AORFA)
- May 1995 Appointed to Medical Team for the American Patriots
US National Rugby League
Team
- 1994 – 95 Team Coverage of Philadelphia Eagles, Flyers,
Freedom (Soccer), Phillies, and Wings
(Lacrosse), Rowan College, Haverford
College, and Upper Mainline YMCA Swim
Team.
- Fall 1994 Appointed Team Physician – Hibernian Rugby Football
Club
- Spring 1994 Team Physician – Swedish Women’s & US World Cup
Rugby
Teams
- Winter 1993 Named Medical Adviser to the Eastern Pennsylvania
Rugby Union (EPRU)
- Spring 1992 Founding Member and Vice President of the
American Orthopedic Rugby Football
Association (AORFA)
- 1989 Member of the USA Maccabiah Rugby Team
- 1988–89 Executive Board – Boston Rugby Football Club
- 1987–94 Boston Rugby Football Club
- 1982–87 Temple Medical Rugby Football Club
- 1982 – 86 Graduate Assistant – Wrestling Coach – Temple University
- 1981 & 1985 Member of the USA Maccabiah Wrestling Team