

## Family Medicine #2001 (Geriatrics, Nursing Home, Aerospace,

Publications and presentations available upon request. Contact Dora, [dmancias@expertwitnessdoctors.com](mailto:dmancias@expertwitnessdoctors.com).

### EDUCATION

Seward Park High School, New York City, 1965  
Brooklyn College, New York City, B.A., Mathematics, 1969  
Faculty of Medicine, Catholic University of Louvain, Belgium, M.D., 1976  
Memorial University of Newfoundland, Affiliated Teaching Hospitals, St. Johns, CANADA, Rotating Internship, 1975-1976  
McGill University, Jewish General Hospital, Family Medicine, Montreal, CANADA, Family Practice Residency, 1976-1978  
Fellow, American Academy of Family Physicians, 1980, New Orleans, Family Medicine  
Fellow, College of Family Physicians of Canada, 2004, Toronto, Family Medicine  
Chief Resident, Family Medicine, McGill University, Jewish General Hospital, Montreal, CANADA, 1978  
Medical License California A31935, 1978  
Diplomate, American Board of Family Medicine, Certification 1978, Recert; 1984, 1990, 1996, 2002, 2009-2019  
Certificant, College of Family Physicians of Canada, Certification 1978, Recertification 1985, 1992, 2004, 2009, 2014  
USC Management Development Program, 1997  
Medical Presentation Skills Training Program, Upjohn Pharmaceutical Company, 1995  
Media Training, CAFP, AAFP Foundation, AMA 2002, 2003, 2004  
Harvard Business School Online E Learning Program, 2003  
Certified Professional Coder, American Academy of Professional Coders, 2008-present  
Certified ICD-10 Trainer, American Academy of Professional Coders, 2013-present

### PROFESSIONAL BACKGROUND

#### Academic Appointments

1978-1986 UCSD School of Medicine, Department of Family and Preventive Medicine, Clinical Instructor  
1986-1995, UCSD School of Medicine, Department of Family and Preventive Medicine, Assistant Clinical Professor  
1995-1997, UCSD School of Medicine, Department of Family and Preventive Medicine, Associate Clinical Professor  
1997-2010, UCSD School of Medicine, Department of Family and Preventive Medicine, Clinical Professor  
1978-present, USD Nurse Practitioner Program, Voluntary Clinical Associate  
1978-present, UCLA Nurse Practitioner Program, Voluntary Community Faculty  
1978-present, USC, Family Med. Resident and PA Program, Voluntary Community Faculty  
1978-present, UC Davis, NP/PA Program, Voluntary Community Faculty  
1990-present, UCSD Sch. Of Med., Dept. of Fam. And Prev. Med., Doctor as Teacher Retreat Committee  
1994-present, UCSD School of Medicine, Primary Care Clerkship, Community Advisory Board  
1999-present, UCSD Sch. of Med., Dept. of Fam. and Prev. Med., Voluntary Appts and Promotions Cte.  
2012-present, Kaiser Permanente San Diego Family Medicine Residency Program, Volunteer Faculty  
2016-2018, Touro University Nevada, College of Osteopathic Medicine, Adjunct Associate Professor Family Medicine

#### Teaching Responsibilities

Medical students, Residents in Family Med., Nurse Practitioner students, Physician Assistant students, 1978-present  
Adult education teacher, Hebrew and Judaic Studies, Cong. Beth Israel, San Diego, 1990-present  
Tar Wars Community School Education, San Diego, 1995-2013  
Teaching Faculty, Kaiser Permanente San Diego Family Medicine Residency Program, 2011-present

#### Administrative Responsibilities

Elected Member, Board of Directors, SCPMG, 1997-1999, 2000-2002, 2003-2005, 2006-2008  
Regional Assistant Medical Director, Business Management, SCPMG, 2009-2013  
Physician Director, Patient Education and Health Promotion, SCPMG, 2004-2013  
Elected Co-Chair, SCPMG Board of Directors Executive Medical Director Nominating Committee, 2008  
Elected Chair, SCPMG Board of Directors Retreat Planning & Board Function Cte, 1998-2008  
Elected Coordinator, SCPMG Board of Directors Elected Board Members, 2002-2007  
Member, SCPMG Board of Directors Partner Dispute and Request Committee, 1999  
Member, SCPMG Board of Directors Rules and Regulations Committee, 1998-2008  
Member, SCPMG Board of Directors Investment Evaluation Committee, 2004-2008  
Member and Physician Advisor, Regional Appeals Committee, Kaiser Permanente SCAL, 2009-2013  
Physician Advisor, San Diego Member Complaint Resolution Center, 2011-2013  
Physician Advisor, Kaiser Permanente Individual and Family Health Plan Insurance, 2009-present  
Medical Director, Kaiser Permanente Insurance Company, 2012-present  
Medical Director, Kaiser Permanente California Member Services, 2012-present  
Physician Advisor, Kaiser Permanente California Member Services Clinical Consultants, 2015-present  
Physician Advisor, Kaiser Permanente Insurance Company, 2010-20112  
Physician Advisor, Permanente Advantage, 2011-present  
Member, KPIF Criteria Committee, Kaiser Permanente, 2009-present  
Member, SCPMG Encounter Coding System Task Force Committee, 2000-2013  
Member, SCPMG Board of Direct. CCOS Performance Based Comp. Goal Devel. Advis. Grp, 2003-2008  
Member, SCPMG Regional Election Evaluation Committee, 1999-2004

Member, SCPMG Regional Tobacco Cessation Work Group, 1999-2013  
Physician Lead, Physical Activity/Exercise, SCPMG, San Diego, 2010-2013  
Chair, Tobacco Cessation Workgroup, SCPMG, 2004-2013  
Chair, Alcohol Screening Workgroup, SCPMG, 2009-2013  
Member, SCPMG HEAC Healthy Lifestyles Committee, 1999-2004  
Member, SCPMG Regional Care Management Self Care Workgroup, 2002-2004  
Member, SCPMG Regional Weight Management Steering Committee, 2002-2013  
Physician Champion, Weight Management, SCPMG, San Diego, 2002-2013  
Member, SCPMG Regional Immunization Practice Committee, 2004-2013  
Member, SCPMG Regional Adult Immunization Task Force, 2004-2013  
Member, SCPMG Flu Vaccine Task Force, 2004-2013  
Chair, SCPMG Flu Vaccine Task Force, 2010-2013  
Member, SCPMG Complete Care Council, 2007-2013  
Member, Kaiser Permanente National Prevention Partners Committee, 2004-2013  
Member, Kaiser Permanente National Thrive Campaign Committee, 2004-2013  
Member, Kaiser Permanente SCAL Partners in Health Advisory Board, 2005-2013  
MD Liaison/Champion SCPMG Regional Encounter Coding System Committee, 2000-2013  
Assistant Chief, Family Practice, Southern Calif. Permanente Med Group, San Diego, 1998-2002  
Physician Advisor, Health and Patient Education, Kaiser Permanente, San Diego, 2001-2004  
Physician Advisor, Primary Care Nurses Clinic, Kaiser Permanente, San Diego, 1998-2004  
Chairperson, Area Balloting Committee, SCPMG, San Diego, 1998-2004  
Member, Area Balloting Committee, SCPMG, San Diego, 2010  
Member, Primary Care Management Team, SCPMG, San Diego, 1998-2002  
Module Coordinator, Primary Care, South. California Permanente Med Group San Diego, 1980-2002  
Education Chairperson, Department of Family Practice, SCPMG, San Diego 1982-1992  
Physician Champion and Coordinator, Tobacco Cessation Program, Kaiser Permanente, San Diego, 1990-2013  
Physician Advisor, Anorexia Program, Kaiser Permanente, San Diego, 1997  
Physician in Charge, Musculoskeletal Clinic, SCPMG, San Diego, 1990-1995  
Member, Physician Facilitation Council, SCPMG, San Diego, 1988-2008  
Elected Chairperson, Physician Compensation Appeals Committee, SCPMG, San Diego, 1988-1998  
Elected President of Professional Staff, Kaiser Foundation Hospital, San Diego, 1996-1998  
Member, Primary Care Nurses Clinic Mgt Team, Kaiser Permanente, San Diego, 1998-2004  
Member, Prim Care Nurses Clinic Policy, Procedure, & Planning Cte, KP, S.D., 1998-2004  
Primary Care Lead Physician, KP Primary Care Podiatry Project, Kaiser Perm., SD, 1999-2003  
Member, Primary Care Structure Workgroup, Kaiser Permanente, San Diego, 2001  
Member, San Diego KP MSA Hospital Rounding Project Team, 2000-2004  
Member, KP Primary Care Hypertension Project Implementation Team, 2001  
Member, Unintended Pregnancy Committee, Kaiser Permanente, San Diego, 1998-2004  
Member, Primary Care Access Support Team, Kaiser Permanente, San Diego, 1998-2000  
Member, Chest Pain Carepath Committee, Kaiser Permanente, San Diego, 1999-2000  
Member, E-Script Implementation Committee, Kaiser Permanente, San Diego, 1999  
Member, Emergency Management Committee, Kaiser Permanente, San Diego, 1999-2004  
Physician Lead, Primary Care Emergency Management Committee, Kaiser Perm., SD, 2001-2004  
Member, Interdisciplinary Practice Committee, Kaiser Permanente, San Diego, 1999-2004  
Member, Encounter Coding System Committee, Kaiser Permanente, San Diego, 2000-2004  
Member, Healthy Lifestyles Committee/Working Well Within, KP, San Diego, 2000-2004  
Member, Workplace Safety Team, Kaiser Permanente, San Diego, 2002-2004  
Physician Champion/San Diego Lead, Kaiser Permanente Brief Negotiation Class, 2002-2013  
Member, Kaiser Permanente Wound Care Committee, San Diego, 2003-2004  
Member, CALS Survey Committee, Kaiser Permanente, San Diego, 2003  
Member, SCPMG Bariatric Surgery Work Group, Kaiser Permanente, San Diego, 2003-present  
Member, SCPMG Bariatric Post-Op Work Group, 2009-present  
Physician Champion, Bariatric Surgery, SCPMG, San Diego, 2003-present  
Member, San Diego Smoking Cessation Central Area SWAT Team, 2014  
Member, Health Education Goal Promotions Committee, Kaiser Permanente, San Diego, 2004  
Member, Health Education Pediatric Obesity Committee, Kaiser Permanente, San Diego, 2004  
Member, Health Education Culturally and Linguistically Appropriate Services Cte, KP, SD, 2004  
Member, Health Education Obesity Prevention through Healthier Living Committee, KP, SD, 2004  
Ad Hoc Member, SD Coding and Documentation Oversight Committee, KP, 2004-2013  
Member, Thrive Video Sub-Group, SCAL Brand Implementation, KP, 2004-2013  
Member, Thrive Kiosk Sub-Group, SCAL Brand Implementation, KP, 2004-2013  
Member, Review Board, The Permanente Journal, 2004-present  
Clinical Reviewer, Kaiser Permanente Vohs Quality Award, 2004  
Member, Kaiser Permanente InterRegional Clinical Content Team Patient Education SubGroup, 2004-2013  
Member, Kaiser Permanente Executive Engagement Committee, San Diego, 2005-2013  
Member, KP Expert Team on Clinical Execution and Obesity, 2011  
Member, KP Clinic-Community Integration in Obesity, 2011  
Physician Lead, LA County Smoke Free Facilities Transition, 2011

Board Member, Temple Emanu-El, San Diego, 1990-1991  
Adult Education Chairperson, Congregation Beth Israel, San Diego, 1995-1997  
Program Director, SD Academy of Family Physicians 39<sup>th</sup> Annual Postgraduate Symposium, 1995  
Program Co-Director, SD Academy of Family Physicians 44<sup>th</sup> Annual Postgrad. Symposium, 2000  
Expert Reviewer, The Medical Board of California, 1995-present  
Consultant, Central Complaint Unit, Medical Board of California, 2004-present  
Special Medical Consultant, California Department of Corporations, 1996-2003  
Board Member, Agency for Jewish Education, San Diego, 1996-1997  
Member, Maimonides Society, United Jewish Federation, San Diego, 1990-2000  
Member, American Israel Public Affairs Committee, San Diego Policy Conference Chair, 1997  
Co-Chair of Super Sunday, 1998, United Jewish Federation, San Diego, 1998  
Member, Surf\*Net Steering Committee, 2000-2004  
Disaster Service Worker Volunteer, Medical Reserve Corps, Public Health and Human Services, SD County, 2006-2008  
Honorary Committee, Union-Tribune Kids' NewsDay, 2007  
Advisory Board, Nolo Press, 2009  
Advisory Board, IQ Net Interactive Technology 2010

### Employment

Partner Emeritus, Southern California Permanente Medical Group, 2014-present  
Bariatric Surgery Physician Co-Lead, Positive Choice Integrative Wellness Center, SCPMG, San Diego, 2014-present  
Family Physician, Partner, S. California Permanente Medical Group, San Diego, 1978-2013  
Physician Director, Positive Choice Wellness Center, SCPMG, San Diego, 1990-2013  
Consulting Physician, Department of Preventive Medicine, SCPMG, San Diego, 1998-2002  
Hemochromatosis Study, Dept of Preventive Medicine, SCPMG, San Diego, 2000-2002

### SOCIETY MEMBERSHIPS

LOCAL

- President, San Diego Academy of Family Physicians, 1997
- President Elect, San Diego Academy of Family Physicians, 1996
- Secretary-Treasurer, San Diego Academy of Family Physicians, 1995
- Chair, Finance Committee, San Diego Academy of Family Physicians, 1999-present
- Board Member, San Diego Academy of Family Physicians, 1991-1994
- San Diego Academy of Family Physicians, 1978-present
- Immediate Past President, San Diego County Medical Society, 2008-2009
- President, San Diego County Medical Society, 2007-2008
- President Elect, San Diego County Medical Society, 2006-2007
- Treasurer, San Diego County Medical Society, 2004-2005
- San Diego County Medical Society, 1993-present
- San Diego County Medical Society Champions for Health, 2006-present
- President, San Diego County Medical Society Champions for Health Board of Directors, 2014-present
- Treasurer & Secretary, San Diego County Medical Society Champions for Health, 2010 to 2013
- SDCMS Champions for Health Scholarship Committee 2008-2013
- Chair, Bylaws Committee, SDCMS Champions for Health Board of Directors, 2006-2008
- Chair and Member, Prof. Conduct Committee, SD County Med. Society, 1993-2004
- Directory Credentials Committee, San Diego County Medical Society, 2001-2004
- Physician Placement Committee, San Diego County Medical Society, 20012-004
- Communications Commission, San Diego County Medical Society, 2002-2004
- Co-Chair, Legislative Commission, San Diego County Medical Society, 2002-2005
- Nominating Committee, San Diego County Medical Society, 2002-2013
- Councilor, East County #2, San Diego County Medical Society, 2002-2003
- Delegation Development Committee, District 1 CMA Deleg., SDCMS, 2002-2004
- Communications Committee, Dist. 1 CMA Delegate SDCMS, 2002-2004
- Finance Committee, Dist. 1 CMA Delegate SDCMS, 2005-2007
- Vice Chair, Hlth Care Fin. & Syst. Refm. Committee, Dist.1 CMA Delegate, SDCMS, 2002-2004
- Chair, Medical Practice Issues Committee, Dist. 1 CMA Delegate, SDCMS, 2005-2007
- CME Committee, San Diego County Medical Society, 2002-2007
- Finance Committee, San Diego County Medical Society, 2002-2007
- Membership Committee, San Diego County Medical Society, 2003
- Workforce Task Force, San Diego County Medical Society, 2003
- Redistricting Committee, San Diego County Medical Society, 2010
- CME Committee, San Diego Academy of Family Physicians, 2003
- Chair, SDCMS Bylaws Committee, 2012-2013
- Member, SDCMS Executive Committee, 2012-2013
- Member, SDCMS Finance Committee, 2012-2013
- Member, SDCMS Legislative Committee, 2012-2013
- Member, SDCMS Membership Committee, 2012-2013
- Member, SDCMS Board of Directors, 2002-present

District 1 Delegation Vice Chair, 2016-present

STATE

California Academy of Family Physicians, 1978-present  
Trustee, California Academy of Family Physicians Foundation, 1996-2001  
Membership Committee, California Academy of Family Physicians, 1996  
Communications Committee, Calif. Academy of Family Physicians, 2002-2017  
Nominating Committee, Calif. Academy of Family Physicians Foundation, 2001  
Chair and Member, Scientific Program Cte, Calif. Acad. of Fam. Phys., 1997-2000  
Delegate, Calif. Acad. of Family Physicians, Congress of Delegates, 1998-2015  
Delegate, Calif. Acad. of Family Physicians, All Member Advocacy Mtg, 2016-present  
Reference Cte, Calif. Acad. of Family Physicians, Congress of Delegates, 1999-2000  
California Medical Association, 1993-present  
Trustee, California Medical Association, 2007-2015  
Member, CMA Charitable Trust Fund Operating Committee, 2007-2014  
Member, CMA Committee on the Medical Board, 2008-present  
Member, CMA Committee on Nominations, 2015  
Delegate, District 1 Delegation, CMA House of Delegates, 2003-2007  
Member, District 1, CMA Council on Legislation, 2004-2007  
Member, Reference Committee D: Ins. and Phys. Reimb., CMA House of Delegates, 2004  
Alternate Delegate, District 1 Delegation, CMA House of Delegates, 2001-2002  
Nominating Committee, CMA Very Large Group Physician Forum, 2005-2013  
Member, CMA Council Scient. Affairs, Gen. & Fam. Pract. Scient. Cte, 2001-2007  
Member, CMA Pain Mgt and End of Life Care Curr. Devel. Cte., 2002  
Member, CALPAC, 2001-present  
CALPAC Board of Directors, 2003-2015  
CALPAC Executive Committee, 2007-2008  
Calif. Academy of Fam. Physicians, California Family Physician of the Year, 2002  
Calif. Academy of Fam. Physicians, California Family Physician of the Month, November 2007  
California Medical Association ,Young Physician's Section, Young At Heart Award, 2014  
California Academy of Family Physicians FP-PAC Donor of the Month, 2017

NATIONAL

American Academy of Family Physicians, 1978-present; Life Membership 2018  
AAFP Foundation Nutrition Spokesperson's Committee, 2002-present  
American Medical Association, 1998-present  
Member, AMPAC, 2001-present  
Honorary Chairman, Physicians' Advisory Board, Nat'l Repub. Congress. Cte 2003-present  
AMA, California Delegation Chair, 2012-present  
AMA, California Delegation Vice Chair, 2009-2011  
AMA House of Delegates, Alternate Delegate, 2004-2013  
AMA Pacific Rim Delegation Resolutions Committee Chair, 2008  
AMA Pacific RIM Delegation Committee on Public Health, 2004-present (Chair, 2005-2006)  
AMA Pacific RIM Delegation Alternates Committee, 2004-2007 (Chair, 2007)  
AMA Reference Committee D on Public Health, 2007  
AMA Council on Long Range Planning Stakeholder Input Process, 2014  
AMA Integrated Physician Practice Section, 2014-present  
AMA Resolutions Committee, 2014-2016  
Member, American Society of Bariatric Physicians 2013-2016  
Member, Obesity Action Coalition Member, 2013-2016

FOREIGN

College of Family Physicians of Canada, 1978-present; Life Membership 2018-present  
Examination Team, Certification Examination in Family Medicine, College of Family Physicians of Canada, 2004-present  
Fellowship Council, College of Family Physicians of Canada, 2015-present